

Happy New Year and to the upcoming Chinese New Year on Jan 29th, Year of the Green Wooden Snake.



According to the tao.org website, 2025 will be: "A Year of Introspection and Growth

The Year of the Snake is a time for deep self-reflection. Individuals are encouraged to look inward, explore their desires, and cultivate self-awareness. In Chinese culture, the Snake's association with wisdom reminds us that the answers to life's challenges often lie within ourselves.

For those who embrace introspection, this year offers an opportunity for significant personal and spiritual growth. It is a time to evaluate past decisions, learn from mistakes, and realign with one's goals and aspirations."

Hah! As a Scorpio, I feel a strong affinity to this Green Wooden Snake energy. Hopefully, I'll be a little more wiser and not repeat the same mistakes over and over!



In honour of the upcoming Chinese New Year, and in true multi-faith fashion of Vancouver Community Kirtan, the Jan 18th community kirtan/potluck chant list will include some Buddhist chants. So far the chant list is:

Ganapati Om

Krishna Govinda Govinda - by Sandra A

another Sanskrit chant - by Geetanjali

Om Mani Padme and/or Teyatha Om Bekandze

Om Tara

and the crowd favorite, Lokah Samastah Sukhino



Please rvsp GOING to the following FB event (or email me) if you'd like to attend. I will send out the address and details on Thursday Jan 16th to all on the GOING list.

<https://www.facebook.com/events/621002540713432>

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This is a quasi-mailing list sendout. I haven't had time to learn the mailing list software and do the double opt-in confirmation. Please bear with me if I send out such an email which will require you to click the mailing list confirmation link.

Until then I wish you a very best 2025 and that healing continues to flow forth revealing the innate love, strength, wisdom, compassion and joy that we all are.

Blessings to you,
Harreson