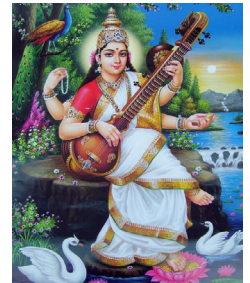


# Grace Abounds

News December 2025 from Vancouver Community Kirtan / Harreson

## Wednesday Dec 31st New Year's Eve Community Kirtan and Potluck at Open Door Yoga 7:00 pm



So far for the chant list, we have:

Gauri Ganesh – Harreson Sito  
Shiva Shiva Shambho – Nycki Kaur  
tba – Nathen Aswell  
tba – Nathen Aswell  
O Lord Prepare Me – Harreson Sito  
Prince of Peace – Harreson Sito  
Lokah Samastah – Harreson Sito



Open Door Yoga  
is located at  
East 14th Ave &  
Main St

(2940 Main but  
use 14th Ave  
side entrance)

7:00 - 9:30 pm kirtan  
9:30 - 10:45 pm potluck and socialize (or just nap for a bit)  
10:45 - 11:00 pm cleanup  
11:00 - 11:30 pm sharing circle if requested  
11:40 - 11:50 pm Om chanting and silent meditation  
11:58 - 12:00 mid countdown to 2026!  
12:05 - 12:15 am chant to Saraswati to welcome beauty, creativity and intelligence for 2026

## Harreson's Kirtan Training - Next 8 week in-person Thu Jan 22 - Mar 12th. Spring 2026!

**Coming soon!** Ha! How many times how I said that? My hope is that my online kirtan training containing 10 chants in super detail to help students learn how to easily play, sing, keep on time, and lead kirtan chants will be ready Spring 2026. My latest excuse is that I'm moving to the Westend! I'm super excited for my new home which will be more capable and cozy to host folks for the trainings and for social gatherings. Wish me luck!

**QuickPlay Melody 1a 72 bpm**

**C** Shiva Shiva Mahadeva • **F** Namah Shi-vaya, **G** Sada Shi-va, **C**

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**Shiva Shiva Mahadeva - Melody 1a chord change 1- C → F**

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