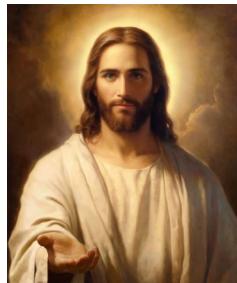


# Grace Abounds

News December 2025 from Vancouver Community Kirtan / Harreson

**Wednesday Dec 31st New Year's Eve Community Kirtan and Potluck at Open Door Yoga 7:00 pm**



So far for the chant list, we have:

Gauri Ganesh	- Harreson Sito
Shiva Shiva Shambho	- Nycki Kaur
tba	- Nathen Aswell
tba	- Nathen Aswell
O Lord Prepare Me	- Harreson Sito
Prince of Peace	- Harreson Sito
Lokah Samastah	- Harreson Sito



7:00 - 9:30 pm	kirtan
9:30 - 10:45 pm	potluck and socialize (or just nap for a bit)
10:45 - 11:00 pm	cleanup
11:00 - 11:30 pm	sharing circle if requested
11:40 - 11:50 pm	Om chanting and silent meditation
11:58 - 12:00 mid	countdown to 2026!
12:05 - 12:15 am	chant to Saraswati to welcome beauty, creativity and intelligence for 2026

Open Door Yoga  
is located at  
East 14th Ave &  
Main St

(2940 Main but  
use 14th Ave  
side entrance)

## Harreson's Kirtan Training - Next 8 week in-person Thu Jan 22 - Mar 12th. Spring 2026!

**Coming soon!** Ha! How many times have I said that? My hope is that my online kirtan training containing 10 chants in super detail to help students learn how to easily play, sing, keep on time, and lead kirtan chants will be ready Spring 2026. My latest excuse is that I'm moving to the Westend! I'm super excited for my new home which will be more capable and cozy to host folks for the trainings and for social gatherings. Wish me luck!

**QuickPlay Melody 1a 72 bpm**

**Shiva Shiva Mahadeva / Namah Shi-vaya, Sada Shi-va,**

**Chords:** C F G C

**Hand Diagrams:** 124, 35, LEFT4, LEFT4, LEFT4

**Keyboard Diagram:** Shows finger placement for notes C, E, G, A, B, D, F, G, A, B, C, D.

**Sheet Music:** Melody 1a, 72 bpm, C major.

**Shiva Shiva Mahadeva - Melody 1a chord change 1: C → F**

**Chords:** C F/C

**Hand Diagrams:** 35, 35, LEFT4, LEFT4, LEFT4

**Keyboard Diagram:** Shows finger placement for notes C, E, G, A, B, D, F, A, C, D.

**Sheet Music:** Melody 1a, 72 bpm, C major, then F major.

**Instructions:** - keep 1 still, - place 3 down ↓ (C), - place 3 down ↓ (A)

**Next:** F to G